

Sonja Jankovic

_____ Career Objective

To have a diverse role as a clinician by employing evidence based psychological strategies as well as providing consultation to allied and non-allied health workers by utilising my training and experience in clinical psychology. Specifically, working therapeutically with both adolescent and adult clients that have been diagnosed with mental health difficulties in order to elicit positive therapeutic outcomes.

_____ Educational Summary

Master of Clinical Psychology University of Adelaide	Completed 2011
Bachelor of Psychology (Honours) University of Adelaide	Completed 2009
High School: Wilderness School	Completed 2005

_____ Educational Achievements

- ❖ 2011 *International Conference*
European Congress of Psychology, Istanbul 2011, 'Binge Drinking and the Effectiveness of Anti Binge Drinking Advertisements'. Sonja Jankovic, Assoc Prof Paul Delfabbro, Dr Vikki Knott.
- ❖ 2011 *National Conference*
Australian Psychological Society, Psychology of Relationships Interest Group (PORIG), Adelaide 2011, 'Are Unrealistic Expectations in Romantic Relationships Associated with Distress?' Sonja Jankovic, Dr Matthew Davies.
- ❖ *University of Adelaide Union Board Director* 2009

_____ Professional Affiliations and Training

- Registered Psychologist with General Registration of Australian Health Practitioner Regulation Agency (AHPRA)
- Australian Psychological Society Relationships Special Interest Group Committee Member 2011
- Australian Psychological Society General Member Since 2010
- Australian Psychological Society Clinical College Associate Member Since 2010
- Senior First Aid 2011 *Current*
- National Criminal History Record Check (NCHRC) 2011 *Current*
- National Police Certificate 2011 *Current*

Employment History

Taylor Psychology (Private Practice)

February 2012-Present

Psychologist

- Clinical assessment and treatment of a wide range of mental health problems including: depression, anxiety, couples therapy, self esteem, sleep disorders, conflict resolution.
- Varied client group: children, adolescents, adults and geriatric patients.

Wilderness School

February 2011-December 2011

Tutor and Boarding House Mistress

- Tutoring girls from Years 8-12
- Pastoral Care & Administrative duties

University of Adelaide

February 2010- November 2011

Psychology Tutor Levels I, II & III

Psychology and Society, Health and Lifespan Development & Learning and Behaviour

- Organising and administering tutorials
- Facilitating group discussion across broad areas of Psychology
- Grading practical reports and essays

Families South Australia

August 2011-November 2011

Provisional Psychologist

Families SA is a part of the Department for Families and Communities within the Government of South Australia with the aim of protecting children from abuse and harm. This is achieved by: supporting families to reduce risk to children, working with young people that break the law, providing behavioural, emotional, educational and intellectual assessments to children, their families and foster carers as well as providing alternative care to children.

- Observed and gained practical skills in psychological test administration for children, and gained an understanding of the principal tools used.
- This included: behavioral, intellectual, educational and emotional assessments.
- Gained report-writing skills for a professional audience of interviews and psychological assessments (administration, scoring and interpretation of various child and adult psychometric instruments including WISC IV, WIAT III, Bayley's, FRT).
- Gained an understanding of how the Child Protection Act is implemented in inpatient and community settings.
- Gained skills in conflict resolution especially in custody and access arrangement assessments.

Eastern Community Mental Health
Provisional Psychologist

February 2011 – July 2011

A mental health service operating within the Government of South Australia providing continuing care and treatment that offers clinical and case management services that facilitate recovery and rehabilitation. The service also provides: counselling, assessment, acute inpatient services, information and referral, recreational and lifestyle rehabilitation programmes as well as support for consumers, families and carers.

- Gained practical experience and developed skills in clients that have been diagnosed with severe mental health disorders such as schizophrenia and psychoses as well as mood and anxiety disorders.
- Direct experience and knowledge of mental health resources available to consumers and their families within the SA Mental Health System including: Assessment and Crisis Intervention Service (ACIS), Glenside Mental Health Unit and Royal Adelaide Hospital C3 Mental Health unit.
- Experience in brief therapy, assessment including mental state assessment, risk assessment and recognition of side effects from medication.
- Experience in implementing and evaluating psychological interventions, specifically aiding with Mindfulness Based Cognitive Therapy for Depression group spanning 12 sessions.
- Effective skills case note entry and report writing.
- Experience and understanding in working efficiently with other health professionals. Achieved by going to team meetings at various site visits within CNAHS and collaborating with other medical and mental health professionals.
- Demonstrated successful participation in a multi-disciplinary team environment.
- Participated in peer review and quality assurance procedures including individual and group supervision.

Centre for Treatment of Anxiety and Depression (CTAD) August 2010 – February 2011
Provisional Psychologist

CTAD is a joint initiative between the Faculty of Health Science's School of Psychology at the University of Adelaide and the Central Northern Adelaide Health Service. The Centre's main focus is to treat patients suffering from anxiety and depression using Cognitive Behaviour Therapy with therapy typically lasting between 8 to 12 sessions.

- Developed skills in assessment, screening, and diagnosis of clients with psychological disorders.
- Experience in development and execution of case-notes, summaries, conceptualisations, reports and letters.
- Experience in psychological assessment (administration and scoring) of diagnosed mental health disorders including anxiety, depression and personality assessment.
- Experience in all stages of psychotherapy (initial assessment to termination), especially in clients suffering from mood and anxiety disorders.
- Experience in evaluating the progress made with each consumer and facilitating closure and/or relapse prevention.
- Developed skills in effective report writing skills for a professional audience.

- Observed and gained practical experience with clients that have been diagnosed with DSM-IV-TR mental health disorders by utilizing empirical interventions such as cognitive behavioural interventions
- Skilled in tailoring case conceptualisations for the treatment of emotional disorders.
- Presented summaries, case conceptualisations and identify areas needing supervision during the group supervision sessions, and to consider and act on the supervision provided.
- Attended and participated in meetings and other professional development activities appropriate to the placement

Senator for South Australia Cory Bernardi
Electorate Officer

February 2008 – July 2009

- Constituent coordination – correspondence, database management, filing
- Marketing functions – database management, mail merge, mail out coordination
- Computer operations – In Design, Windows Suite 2007, Go Binder

Royal Park Medical Practice
Medical Receptionist/PR Manager

August 2008-February 2010

- Booking management – appointment control, patient procedure allocation, follow up bookings
- Document maintenance – patient file control, referral coordination, result reporting management
- Billing procedures – invoicing, receipting and banking functions, Medicare online billing
- Experienced medical software user – Medical Director and PracSoft suite operator, MYOB, basic audio typist skill
- General office administration – faxing, copying and telephone coordination, customer complaints

Volunteering History

Royal Adelaide Hospital
Emergency Department Volunteer

January 2009- Present

- Administering case notes
- Storing non-medical supplies around emergency department
- Taking care of visitors to emergency department

Referees

Ms Kari Walsh
Clinic Director
Families SA
108 Kermode St
North Adelaide, 5006
(08) 8346 1433
047 911 8297

Assoc Professor Paul Delfabbro
School of Psychology
University of Adelaide
Adelaide, 5005
(08) 83034936
041 255 5159

Ms Rosie Broderick

Head of Boarding

Wilderness School

30 Hawkers Rd

Medindie, 5081

(08) 8344 6688

041 124 6514